

## CURRICULUM VITAE

### **Date CV Prepared**

Jun 2025

### **Personal Data**

Name: Maria C. Yang

Citizenship: USA

### **Academic Training**

2000 B.S., University of California, Los Angeles, Major: Microbiology and Molecular Genetics, Summa cum Laude

2004 M.D., University of California, Davis, School of Medicine

### **Postgraduate Training**

2004 – 2008 Combined internship and residency in Psychiatry, University of Washington School of Medicine, Seattle, WA

2008 – 2009 Fellowship in Psychosomatic Medicine, New York University School of Medicine, New York, NY

2009 – 2010 Fellowship in Public Psychiatry, Columbia University College of Physicians and Surgeons and New York State Psychiatric Institute, New York, NY

### **Faculty Positions**

2010 – 2011 Instructor in Clinical Psychiatry, Columbia University College of Physicians and Surgeons, New York, NY

2013 – present Clinical Assistant Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, WA

### **Professional Experience**

2009 – 2011 Staff Psychiatrist, Project for Psychiatric Outreach to the Homeless  
Provided outreach and engagement services, psychiatric evaluations, medication management and psychotherapy services, consultation, liaison services, education, and technical assistance at a geriatric adult home, an Assertive Community Treatment program, and a homeless outreach team in New York City.

2011 – 2012 Staff Psychiatrist, Outpatient Psychiatry, Virginia Mason Medical Center  
Provided outpatient medication management services.

2012 – 2014 Medical Director, Crisis Solutions Center, DESC

Created, implemented, and directed a medical service comprised of four advanced registered nurse practitioners and ten registered nurses for an innovative jail and hospital diversion program in King County. Provided administrative direction and clinical supervision and education to staff. Performed psychiatric evaluations, medication management, and psychotherapy services.

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| 2014 – 2019    | <p><b>Medical Director, King County Behavioral Health and Recovery Division</b><br/>         Provided clinical expertise and medical leadership, assured quality, and developed policies for behavioral health programs and prevention services funded by Medicaid and other public funds in King County, Washington State.</p>   |
| 2014 – 2019    | <p><b>Staff Psychiatrist, Jail Health Services, King County Correctional Facility</b><br/>         Provided psychiatric services to inmates housed in the acute psychiatric wing.</p>   |
| 2019 – 2022    | <p><b>Medical Director, DESC</b><br/>         Provided leadership for and support to psychiatric and medical personnel throughout the agency. Participated in leadership planning, implementation, operations, and evaluation of services. Provided leadership for agency response during the Covid-19 pandemic. Performed psychiatric evaluations, medication management, and psychotherapy services.</p>                          |
| 2022 – 2023    | <p><b>Psychiatrist Consultant, University of Washington School of Medicine, Service Learning and Community Engagement Program</b><br/>         Provide consultation for program development and growth. Provide education to students in the University of Washington health profession schools related to underserved and marginalized populations.</p>  |
| 2022 – present | <p><b>Psychiatrist, Evergreen Treatment Services REACH</b><br/>         Introduce and incorporate psychiatric medical services into REACH's. Provide formal and informal education and consultation to teams. Provide consultation and support to REACH leadership to help improve organizational decision-making, planning, and execution. Perform psychiatric evaluations, medication management, and psychotherapy services.</p> |
| 2023 – present | <p><b>Psychiatrist Consultant, University of Washington School of Medicine, Washington Area Health Education Center Program</b><br/>         Provide education to students in the University of Washington health profession schools related to underserved and marginalized populations.</p>   |

## **Honors**

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| 1998 | Golden Key Honor Society, University of California, Los Angeles          |
| 1999 | Phi Beta Kappa, University of California, Los Angeles                    |
| 2004 | Golden Goblet Award, University of California, Davis, School of Medicine |

2007	Community Psychiatry Leadership Track Appointment, University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences
2007	George Ginsberg Fellowship Award, American Association of Directors of Psychiatric Residency Training
2008	Outstanding Resident Award, University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences
2014	Seattle Magazine Top Doctors 2014 Community Service Award Winner
2018	Clinical Faculty Award for Clinical Education, University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences
2025	Best Inclusion of DEI Concepts and Language Award 2024-2025, University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences, PGY-2 Resident Class

### **Board Certification**

2009 – present	American Board of Psychiatry and Neurology
2009 – 2020	American Board of Psychiatry and Neurology, Psychosomatic Medicine
2016 – present	National Board of Physicians and Surgeons, Psychiatry
2018 – present	American Association of Community Psychiatrists, Community and Public Psychiatry

### **Medical Licensure**

2008 – 2013	New York State, #247282
2008 – present	Washington State, #MD60031107

### **Professional Organizations**

2009 – present	American Association of Community Psychiatry
2016 – 2019	National Council for Behavioral Health

### **Professional and University Committees**

2007 – 2008	Member, Resident Education Steering Committee, University of Washington Medical Center, Psychiatry Residency
2007 – 2008	Member, Site Coordination Committee, University of Washington Medical Center, Psychiatry Residency
2007 – 2008	Member, Undergraduate Education Steering Committee, University of Washington Medical Center, Psychiatry Residency
2007 – 2008	Member, Curriculum Committee, University of Washington Medical Center, Psychiatry Residency
2010 – 2011	Assistant chairperson, Continuing Medical Education Committee, Project for Psychiatric Outreach to the Homeless
2010 – 2011	Member, Academic Projects Committee, Project for Psychiatric Outreach to the Homeless
2012 – 2014	Member, Quality Assurance/Quality Improvement Committee, Crisis Solutions Center
2011 – present	Member, Community Psychiatry Leadership Track, University of Washington Medical Center, Psychiatry Residency
2014 – 2019	Co-leader, Community Psychiatry Leadership Track, University of Washington Medical Center, Psychiatry Residency
2014 – 2018	Member, The Governor of Washington and King County Executive's Community Alternatives to Boarding Task Force
2014 – 2019	Chairperson, King County Behavioral Health Outpatient Medical Directors Meeting
2015 – 2019	Chairperson, King County Evaluation and Treatment Facility Medical Directors Meeting
2016 – 2017	Member, King County Executive and Seattle City Mayor's Heroin and Prescription Opiate Addiction Task Force
2016 – 2017	Member, Co-occurring Benefit Design Workgroup, King County Behavioral Health Organization
2016 – 2017	Member, Physical and Behavioral Health Integration Design Committee Meeting, King County
2016 – 2019	Member, Behavioral Health Organization Medical Directors Meeting, Washington State

2016 – 2018	Co-leader, Crisis System Redesign Workgroup, King County Behavioral Health and Recovery Division
2017 – 2019	Member, King County Equity and Social Justice Workplace and Workforce Committee
2018 – 2019	Member, King County Integrated Clinical Network Clinical Operations Committee
2018 – 2019	Co-Lead, King County Integrated Clinical Network Emergency Department Utilization Management Project Subcommittee
2018 – 2019	Co-Lead, King County Department of Community and Human Services Equity and Social Justice Workplace and Workforce Committee
2018 – 2019	Member, King County Behavioral Health and Recovery Division Executive Leadership Team
2019	Member, Harborview Medical Center Leadership Group Involuntary Treatment Act Subcommittee
2019	Convener, Harborview Medical Center Leadership Group Behavioral Health Subcommittee
2021	Member, DESC Equity and Social Justice Team

### **Teaching Experience and Responsibilities**

2003 – 2004	Co-instructor for second-year medical students, “Doctoring” Clinical Clerkship, UC Davis School of Medicine
2007 – 2008	Instructor for first-year psychiatry residents, Therapeutic Interviewing Seminar, University of Washington Psychiatry Residency
2007 – 2008	Instructor for third-year medical students, General Psychiatry Clerkship, University of Washington Psychiatry Residency
2007 – 2008	Co-instructor for internal medicine residents, “The Role of the Provider in Challenging Interactions with Patients”, Behavioral Medicine Seminar, University of Washington Internal Medicine Residency
2009 – 2010	Instructor for first-year medical students, Foundations of Medicine I, Columbia College of Physicians and Surgeons

2009 – 2010	Speaker for Nagle Young Men and Young Women’s Hebrew Association, Public Psychiatry Fellowship of Columbia
2009 – 2011	Instructor for social work and case management staff, Downtown Goddard homeless outreach team
Oct 2009	Speaker at Grand Rounds for Project for Psychiatric Outreach to the Homeless: “Suicide in the Homeless”
Apr 2010	Lecturer for New York City Health and Hospitals Corporation “Hospital 2 Home” program: “Schizophrenia”
2010 – 2011	Instructor for third-year medical students, Psychiatry Clerkship, Columbia College of Physicians and Surgeons
2011 – 2012	Lecturer at Virginia Mason Medical Center: “Dialectical Behavior Therapy”; “Difficult Interactions with Patients”
2011 – present	Occasional speaker for Community Psychiatry Leadership Pathway, University of Washington Medical Center, Psychiatry Residency
Mar 2012	Lecturer at Harborview Medical Center’s Friday Noon Conference: “Homelessness and Mental Illness”
May 2012	Lecturer at Virginia Mason Medical Center’s Primary Care CME Conference: “Difficult Interactions with Patients”
2012 – 2014	Instructor for staff at Crisis Solutions Center, DESC
2012 – 2014	Supervisor for advanced registered nurse practitioners at Crisis Solutions Center, DESC
Nov 2012	Instructor for second-year psychiatry residents, “Differential Diagnosis for Psychosis”, University of Washington Psychiatry Residency
Dec 2012	Lecturer at DESC All Staff Meeting: “Schizophrenia”
Jun 2013	Lecturer at DESC All Staff Meeting: “Personality Disorders”
Dec 2013	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #2”, University of Washington Psychiatry Residency

Mar 2014	Presenter at the national Housing First Partners Conference: "House Calls to the Homeless: Psychiatric Services in Housing First Settings"
Mar 2014	Instructor for fourth-year psychiatry residents, "Professionalism", University of Washington Psychiatry Residency
Nov 2014	Instructor for fellows, "Public Psychiatric Services in Washington State", Public Psychiatry Fellowship of Columbia University
Nov 2014	Presenter for psychiatry residents, "Job Negotiation", University of Washington Psychiatry Residency
Jan 2015	Instructor for second-year psychiatry residents, "Schizophrenia Series: Psychotic Disorders Treatment Cases #2", University of Washington Psychiatry Residency
Feb 2015	Presenter for psychiatry residents, "The Online Physician", University of Washington Psychiatry Residency
Mar 2015	Lecturer at Harborview Medical Center's Friday Noon Conference: "The Artist Formerly Known as Boarding"
May 2015	Presenter for social work staff at King County's Department of Public Defense: "Difficult Interactions with Patients"
May 2015	Presenter for prosecution and defense attorneys and judge of the Involuntary Treatment Court section of King County Superior Court: "Mental Health 101"
Oct 2015	Presenter for psychiatry residents, "Getting a Job", University of Washington Psychiatry Residency
Nov 2015	Instructor for fellows, "Public Psychiatric Services in Washington State", Public Psychiatry Fellowship of Columbia University
2016 – 2018	Presenter about a variety of behavioral health topics for all staff at King County's Behavioral Health and Recovery Division
2016 – 2017	Provided clinical supervision and mentorship for L.M., MD (PGY3)
2016 – 2019	Provided clinical case consultation for Crisis and Commitment Services (CCS) in King County's Behavioral Health and Recovery Division

Jan 2016	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #2”, University of Washington Psychiatry Residency
Feb 2016	Lecturer at DESC All Staff Meeting: “Schizophrenia”
Apr 2016	Presenter for prosecution and defense attorneys and judge of the Involuntary Treatment Court section of King County Superior Court: “Psychiatry 101”
Aug 2016	Instructor for fourth-year psychiatry residents, “Physician Development Series: Part I”, University of Washington Psychiatry Residency
Aug 2016	Presenter for the Criminal Division of the King County Prosecuting Attorney’s Office: “Psychiatry 101”
Oct 2016	Instructor for fellows, “Public Psychiatric Services in Washington State”, Public Psychiatry Fellowship of Columbia University
Dec 2016	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #2”, University of Washington Psychiatry Residency
Jun 2017	Lecturer at DESC All Staff Meeting: “Personality Disorders”
Jul 2017	Speaker at King County Councilmember Kathy Lambert’s District 3 Community Forum: “Youth Suicide”
Sep 2017	Co-presenter for staff at King County’s Department of Community and Human Services: “How to Talk About Suicide”
2017 – 2018	Provided mentorship for D.D., MD (PGY3)
Nov 2017	Presenter for the Washington State chapter of the American College of Emergency Physicians Leadership Summit: “Psychiatric Boarding”
Dec 2017	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #1”, University of Washington Psychiatry Residency
Feb 2018	Presenter for the Family Support Division of the King County Prosecuting Attorney’s Office: “Psychiatry 101”



Mar 2018	Instructor for fellows, “Public Psychiatric Services in Washington State”, Public Psychiatry Fellowship of Columbia University
Mar & Nov 2018	Instructor for the Washington State Designated Mental Health Professionals Academy: “Geriatric Populations”
Apr 2018	Speaker at The Estelle at DESC: “Personality Disorders”
May 2018	Presenter for Evergreen Treatment Services REACH Program: “Psychiatry 101”
Jun 2018	Presenter for Virginia Mason Continuing Medical Education: Addiction Medicine in Primary Care, “Stigma and Its Many Effects on Addiction”
Oct 2018	Presenter at Carolyn Downs and Country Doctor: “Stigma and Substance Use Disorders”
Oct 2018	Lecturer at Harborview Medical Center’s Friday Noon Conference: “Public Money and Psychiatric Services”
Oct 2018	Presenter for Society for Social Work Leadership in Health Care: “King County Behavioral Health Legislative Priorities”
Jan 2019	Speaker for psychiatry residents, “Conversations About Race, Sex, and Leadership”, Community Leadership Pathway, University of Washington Psychiatry Residency
Jan 2019	Instructor for fellows, “Public Psychiatric Services in Washington State”, Public Psychiatry Fellowship of Columbia University
Feb 2019	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #1”, University of Washington Psychiatry Residency
April 2019	Co-presenter for King County Integrated Care Network, “Supporting Management of Medical Conditions: An Overview for Non-Medical Behavioral Healthcare Staff”
May 2019	Presenter for King County staff and citizens, “May Mental Health Month: Psychiatry 101”
2020	Provided supervision to L.W., MD, MPH (PGY3) for DESC HOST clinical rotation

Jan 2020	Instructor for third-year psychiatry residents, “Ethics Series: Jail and Homelessness”, University of Washington Psychiatry Residency
Jan 2020	Instructor for fellows, “Public Psychiatric Services in Washington State”, Public Psychiatry Fellowship of Columbia University
Feb 2020	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #1”, University of Washington Psychiatry Residency System Transformation
Jul 2020	Presenter for Washington State Legislature Behavioral Health Recovery Task Force, “Evaluation and Treatment Facility Admission Declines in King County”
Sep 2020	Presenter for UW Medicine Memory and Brain Wellness Center Clinic's Project ECHO Dementia (Extension for Community Healthcare Outcomes), “Dementia and Homelessness”
Nov 2020	Instructor for second-year psychiatry residents, “Schizophrenia Series: Psychotic Disorders Treatment Cases #1”, University of Washington Psychiatry Residency
Nov 2020	Presenter for Grand Rounds at the Project for Psychiatric Outreach to the Homeless (PPOH) of Janian Medical Care, “The Impact of Covid-19 on Homeless Services in Seattle, Washington”
Jan 2021	Instructor for third-year psychiatry residents, “Ethics Series: Psychiatry, Homelessness, and a Pandemic”, University of Washington Psychiatry Residency
Jan 2021	Presenter for Seattle-King County Coalition on Homelessness General Membership meeting, “Information About Covid-19 Vaccines”
Feb 2021	Presenter for Seattle University School of Law Homeless Rights Advocacy Project, “Homelessness and Covid-19”
Jun 2021	Presenter at DESC: “Mental Status Exams”
Jan 2022	Instructor for third-year psychiatry residents, “Ethics Series: Psychiatry, Homelessness, and a Pandemic (Still)”, University of Washington Psychiatry Residency
May 2022	Speaker for American Psychiatric Association Foundation Public Psychiatry Fellowship Meeting, “One Career in Public Psychiatry”

Jun 2022	Instructor for fellows, “Unplanned Trajectory in Public Psychiatry”, Public Psychiatry Fellowship of Columbia University
Jul 2022	Video instructor for students in health professions, “Harm Reduction”, “Safety and Self-Management”, and “Interviewing Skills”, University of Washington Schools of Medicine, Nursing, Social Work, Dentistry, Public Health, and Pharmacy
Sep 2022	Speaker for Washington Healthcare Access Alliance annual conference, “Difficult Interactions in Clinical Settings”
Oct 2022	Speaker for Association of Advanced Practice Psychiatric Nurses 2022 conference, “Update on Schizophrenia Assessment, Diagnosis, and Treatment with Health Equity”
Oct 2022 – present	Consultation and teaching for all REACH staff on various topics related to psychiatry
Jan 2023	Presenter at DESC: “Difficult Interactions in Social Service Settings”
Feb 2023	Presenter for University of Washington course, “Homelessness in Seattle”: “Homelessness and Mental Illness”
Jun 2023	Video instructor for students in health professions, “How to Talk to People Who Are Thinking About Suicide” and “How to Talk to People with Unusual Mental Statuses”, University of Washington Schools of Medicine, Nursing, Social Work, Dentistry, Public Health, and Pharmacy
Aug 2023	Instructor for second-year psychiatry residents, “Psychopharmacology: Psychotic Disorders Treatment Cases #1”, University of Washington Psychiatry Residency
Oct 2023	Instructor for Lake Washington Institute of Technology, Behavioral Healthcare baccalaureate program, BHAV 412 Human Service Ethics
Dec 2023	Speaker for first-year internal medicine residents for the “Patients, Physicians and Community” health equity curriculum, “Homelessness and Mental Illness”, University of Washington Internal Medicine Residency
Jan 2024	Speaker for Introduction to Team-based Care in Rural and Underserved Settings, WA Area Health Education Center, “Adverse Childhood Experiences”

Feb 2024	Instructor for second-year psychiatry residents, “Homelessness and Psychiatry”, University of Washington Psychiatry Residency
Mar 2024	Speaker for fellows, “One Unplanned Career in Public Psychiatry”, Public Psychiatry Fellowship of Columbia University
Apr 2024	Speaker for WA Area Health Education Center Scholars Teach-in, “Homelessness and Psychiatry”
May 2024	Panelist for third-year psychiatry residents, “Psychiatry Panel: Practicing Informational Interviewing”, University of Washington Psychiatry Residency
Oct 2024	Instructor for second-year psychiatry residents, “Psychotic Disorders Treatment Cases #1”, University of Washington Psychiatry Residency
Nov 2024	Speaker for Southwest WA Area Health Education Center Scholars Year 2 Class, “Difficult Interactions”
Nov 2024	Panelist for WA Area Health Education Center Scholars Kick-Off, “Experiences in Urban Underserved Communities and Rural Medicine”
Jan 2025	Co-presenter (with Jeremy Hoog, RN) for Mountain West AIDS Education and Training Center January 2025 Addiction Medicine Webinar, “HIV, Health, and Housing: Creating Opportunities”
Jan 2025	Speaker for WA Area Health Education Center, “Adverse Childhood Experiences”
Feb 2025	Speaker for fellows, “One Unplanned Career in Public Psychiatry”, Public Psychiatry Fellowship of Columbia University
Apr 2025	Podcast guest for WA Area Health Education Center, “Verbal De-escalation” and “Harm Reduction”
Apr 2025	Instructor for second-year psychiatry residents, “Homelessness and Psychiatry”, University of Washington Psychiatry Residency
Jun 2025	Panelist for third-year psychiatry residents, “Psychiatry Panel: Practicing Informational Interviewing”, University of Washington Psychiatry Residency

## **Bibliography**

Yang, Maria C. "Descent." *Sierra Sacramento Valley Medicine* 54.5 (2003): 8-9. Print.

Yang, Maria C. "Intueri: To Contemplate." *The Open Laboratory*. Ed. Bora Zivkovic. 1st ed. Chapel Hill: Coturnix1, 2007. 176-77. Print.

Pho, Kevin, and Susan Gay. *Establishing, Managing, and Protecting Your Online Reputation: A Social Media Guide for Physicians and Medical Practices*. Phoenix: Greenbranch, 2013. 37-38. Print.

Yang, Maria. *mariayang.org*. Web. <http://www.mariayang.org/>

Yang, Maria. "[#MeToo in medicine: 'Who would believe a trainee?'](#)" *The Seattle Times*, 2 Dec. 2017: A9. Print.

Maria Yang, Psychiatry & Behavioral Health, Medical Student Core (Colorado Springs: MedStudy Corporation, 2021). Print.

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Jimenez, Esmy. "[Why King County mental health facilities decline 27% of referrals](#)." *The Seattle Times*, 7 Jul. 2022: A1. Print.

Davydow, Di., & Yang, M. "[Crisis care centers are important. But WA needs more to fill behavioral health gaps](#)." *The News Tribune*. 31 Mar 2023. Web.

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